

February 13, 2012



*A Note from the Teacher:*

*Jennifer Polaski*

### Friday Folders

Due to my absence on Friday (my son was sick), Friday Folders did not get sent home. I will send them home tomorrow. Please return the folder before Friday.

### Valentine's Day and Get Up and Move Day

On Tuesday February 14th, we will celebrate Valentine's Day by getting our hearts pumping! The kids will exchange Valentines in the morning. At 12:00-1:00 we will Get Up and Move in the gym with several active game/exercise stations. So I invite everyone to come dressed to exercise, sneakers, sweatpants, workout gear. Parents and family are invited to join us!

**I will need some parent volunteers to help run these simple stations with me. Let me know ASAP if you would like to help.**

After we exercise, we will come back to the class for a healthy fun snack of "Make Your Own Fruit Kabobs".

**Below is a reminder of what you volunteered to bring. All fruit should be washed and ready to eat.**

red grapes – Ben

honey dew melon (cut in cubes)- Madison

strawberries (cut in half) – Nick

plates – Gavin

watermelon (cut in cubes)- Jenny

green grapes- Noah

cantaloupe (cut in cubes)- Noah

mini water bottles - Ben

pineapple - Tyelee

### Homework

Hungry Kindergartener food journals are due tomorrow. Valentine Box/Bag can be brought in Monday or Tuesday.

There will be no Homework Bags this week. Look for a 100 Day Collection project and Explode the Code WB pages.

### Food Labels

We are learning so much about the Food Pyramid and the various food groups. This week we will be making a large food graph. Please search your pantry and refrigerator and send in some food labels for us to graph by food group. We are looking for things like juice boxes, labels from cheese, yogurt, cereal, fruit, and vegetables. Please try to find simple foods we can easily classify in one food group.

**These can be sent in at any time from now till Feb. 14th.**

As always - thank you so much for your support.

Jennifer